

Catherine Cimon-Paquet

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Education

- Doctor of Philosophy, Psychology (Ph.D.)** 2019 – Present
Université du Québec à Montréal (UQAM), Faculty of Social Sciences
Focus : Developmental psychology, Educational psychology
Supervisors : Marie-Hélène Véronneau, Ph.D., UQAM and Dale Stack, Ph.D., Concordia University
- Masters of Science, Psychology** 2017 – 2019
University of Montreal, Faculty of Arts and Sciences
Supervisor : Annie Bernier, Ph.D., University of Montreal
- Bachelor of Science, Psychology** 2014 – 2017
University of Montreal, Faculty of Arts and Sciences

Academic Publications

*Full list is available [on my website](#), [ResearchGate](#) and [Google Scholar](#).

PEER REVIEWED ARTICLES (Selection)

- Cimon-Paquet, C.,** Bernier, A., Matte-Gagné, C., & Mageau, G. (2020). Early maternal autonomy support and mathematical achievement trajectories during elementary school. *Learning and Individual Differences*. Advanced Online Publication. doi:10.1016/j.lindif.2020.101855
- Cimon-Paquet, C.,** Tétreault, É., & Bernier, A. (2019). Early parent-child relationships and child sleep at school age. *Journal of Applied Developmental Psychology*. Advanced Online Publication. doi:10.1016/j.appdev.2019.101057

CONFERENCE PRESENTATIONS (first author or co-author, selected)

More than 30 papers and posters presented in national and international conferences since 2015, including:

- Cimon-Paquet, C.,** Véronneau, M.-H., Gaudet, O., & Verner-Filion, J. (March, 2020). *Parental monitoring and school motivation during adolescence: A transactional model*. Poster presented to the Society for Research on Adolescence, San Diego, USA. (Cancelled; COVID-19).
- Cimon-Paquet, C.,** Tétreault, É., Bernier, A., & Matte-Gagné, C. (Mars 2019). Sleep growth curves in the preschool years as predictors of early academic performance. In Gueron-Sela, N. (dir.), *Sleep and Cognition from Infancy to Middle Childhood: The Role of Socioeconomic Factors*. Symposium presented to Society for Research in Child Development (SRCD), Baltimore, USA.
- Cimon-Paquet, C.,** Bernier, A., & Matte-Gagné, C. (March, 2019). *Maternal Autonomy Support in Infancy and Mathematics Skills Trajectories in Elementary School*. Poster presented to the Society of Research in Child Development, Baltimore, USA.
- Cimon-Paquet, C.,** Tétreault, É., & Bernier, A. (June, 2018). *Does maternal autonomy support in infancy matter for child sleep in the preschool years?*. Poster presented to the International Congress of Infant Studies, Philadelphia, USA.
- Cimon-Paquet, C.,** Regueiro, S., Bernier, A., & Matte-Gagné, C. (March 2018). La qualité des interactions mère-enfant est-elle associée à la trajectoire de développement des habiletés en mathématiques de l'enfant au primaire? [Is the quality of mother-child interactions associated with the developmental trajectory of children's mathematics skills during elementary school?]. In Sirois, M-S (dir.), *Longitudinal Analyses In Child Development*. Symposium presented to Société Québécoise pour la Recherche en Psychologie (SQRP), Québec, Canada.
- Cimon-Paquet, C.,** Tétreault, É., & Bernier, A. (November 2017). *Child temperament in infancy and sleep duration at school age: The moderating role of mother-child attachment security*. Poster presented to the Ninth Biennial Pediatric Sleep Medicine Conference, Florida, USA.

Teaching & Invited workshops

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| PSY7127 | Graduate Teaching Assistant , Psychology department, UQAM
Seminar in Educational Psychology (doctoral level) | Winter 2021 |
| Intro to Mplus | Invited lecturer (1-day statistics workshop)
NeuroQAM research center, Chaire de recherche du Canada sur les différences de genre à l'école | Spring/Summer 2019 |
| PSY3204 | Graduate Teaching Assistant , Psychology department, University of Montreal | Fall 2019 |
| PSY6019 | Univariate analysis courses (undergraduate and graduate levels) | |

Mentorship

Guillaume Gagné-Legault, <i>Undergraduate student</i> , cosupervisor, Honors thesis, UQAM	2020-2021
Félix Albert Bélanger, <i>Undergraduate student</i> , coauthor on submitted research article, UQAM, *Félix was accepted into University of Montréal in the PhD (research-intervention) program.	2019-2020

Honors & Awards (selection)

84 000\$	Doctoral Research Scholarships (B2Z) Fonds de recherche du Québec – Société et culture (FRQSC)	2020-2024
Honor	Certificate of Academic Excellence (Masters Thesis) Canadian Psychological Association	2020
250\$	Best DataBlitz presentation , NeuroQAM science days Université du Québec à Montréal	2020
500\$	Scientific Meetings Grant from the Faculty of Social Sciences (Cancelled; COVID-19) Université du Québec à Montréal	2020
300\$	First prize winner , Knowledge transfer contest Sciences 101 organisation, Université du Québec à Montréal	2020
5 000\$	Excellence Scholarship from the Faculty of Social Sciences Université du Québec à Montréal	2019
500\$	Scientific Meetings Grant from the Faculty of Graduate Studies (FESP) University of Montreal	2018
5 000\$	<i>Alma Mater</i> Excellence Scholarship from the Faculty of Graduate Studies (FESP) University of Montreal	2018
15 000\$	Master's Research Scholarship – B1 (15 000\$/year; claimed in 2018-2019) Fonds de recherche du Québec – Société et culture (FRQSC)	2017-2019
17 500\$	Joseph-Armand Bombardier Canada Graduate Scholarships Program Master's scholarship, <i>Sciences and Humanities Research Council of Canada (SSHRC)</i>	2017-2018

Professional Experience

Research Assistant	Université du Québec à Montréal (UQAM), Psychology Department Supervisor : Prof. Marie-Hélène Véronneau, PhD	2018-Present
Research Assistant	University of Montreal, Psychology Department Supervisor : Prof. Annie Bernier, PhD	2015-2019
Research Assistant	CIUSSS du Nord-de-l'Île-de-Montréal Supervisors : Prof. Claudine Jacques, PhD, Prof. Isabelle Soulières, PhD, Valérie Courchesne, PhD, Dr. Baudouin Forgeot D'Arc, MD, PhD, & Dr. Fabien Vinckier, MD, PhD	2014-2017
Research Assistant	Douglas Mental Health University Institute Supervisors : Prof. Suzanne King, PhD, David P. Laplante, PhD & Lei Cao, PhD	Summers 2013, 2014

Knowledge Transfer

Co-Speaker	Sleep and Positive Psychology Workshop <i>Well-being Community, University of Montreal</i>	2020
Volunteer	Canadian Positive Psychology Association (blog , webinars teams)	2020-Present
Volunteer	Quebec Association of Positive Psychology (Facebook group moderator)	2020-Present
Volunteer	ComSciCon Québec organizing committee (see comsciconqc.com)	2020-Present
Founder	Entropy podcast (in French, see Facebook and Instagram pages)	2020-Present
Research Coordinator	Psychology Graduate Students' Association , <i>University of Montreal</i>	2017-2019
Volunteer	Psychology Research Day organizing committee , <i>University of Montreal</i>	2018-2019

PUBLICATIONS (selected)

- Simon-Paquet, C. (2020). *Série concepts de psychologie positive : La psychologie positive, une révolution nécessaire* [[Blog post available on Medium.com](#)].
- Simon-Paquet C. (2016). *Perceiving the forest and the trees*. Sur le Spectre, magazine du groupe de recherche en neurosciences de l'autisme de Montréal, 1, 3. [Available here](#).

Languages, Technology and Other

Softwares	Mplus, SPSS, R , Office 365 (e.g., Excel, Teams), The Observer XT, Wix, WordPress, Slack
Strengths	Leadership, Public Speaking, Empathy , Writing, quantitative methods
Languages	English, French (native), Spanish (basic proficiency)